



Serenity in the Desert

Obtaining a Sense of Wellbeing

A retreat for cancer survivors and support partners

If you have had a diagnosis of cancer and want to maintain a sense of wellbeing, this program will help you do just that.

It is designed to be a rejuvenating getaway that offers physical, emotional and mental support.

Here's what past attendees have to say:

- *“Excellent retreat; very useful and enjoyable.”*
- *“The whole program was excellent. It was well organized and completely inspiring.”*
- *“This was a wonderful weekend of learning, relaxation, and renewal.”*

Enjoy yoga, healing art, labyrinth walking, nutrition education, self nurturance techniques and much more!



November 4-5, 2011

Serenity in the Desert

Spirit of the Desert
7415 E. Elbow Road
Carefree, AZ

\$129 per person
(includes room and meals)

**\$99 Early Bird Rate per person if
registered by Oct. 1**

To register, call 480-882-4636.

Virginia G. Piper Cancer Center

